

ALONE WE CAN DO SO LITTLE;
TOGETHER WE CAN DO SO MUCH
- HELEN KELLER



PLEASE DO YOUR PART

Avoid

- Restaurants
- Movie theaters
- Gym / Fitness centers
- Play dates / Birthday parties
- Concerts
- Sporting events
- Visitors in your house
- Any large group gatherings

Be Cautious

- Public Transport
- Grocery Store / Pharmacy
- Take out (food)
- Traveling
- Non-essential appointments
- Public parks

Approved

- Taking walk / hike
- Yard work
- Playing in yard
- Family game night
- Group video chats
- Reading books
- Online fitness videos / classes
- Binge favorite show(s)
- Home organizing