

## **Sick Visit Protocol**

Given the current state of the COVID-19 pandemic, SHAC has developed a protocol for sick visit appointments that follows the guidance of the CDC.

Symptoms of Covid-19 may include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Any student with symptoms that are suggestive of COVID-19 will be administered a rapid, antigen COVID diagnostic test. If the result is positive, the student will be required to isolate for 10 days from date of symptom onset. The positive test will be reported to Westchester Department of Health and contact tracing will begin.

In many cases, a negative rapid test may warrant confirmatory testing by a PCR test, which is a more sensitive test to detect COVID-19. In this case, a COVID PCR diagnostic test will be sent to the lab for analysis. Turnaround time is most always within 24-48 hours. Cases in which a confirmatory test would be warranted might include: student disclosed a potential exposure to COVID-19, symptoms are not better explained by another virus, student is not vaccinated, etc.

If vaccinated, a student will not be required to quarantine while awaiting the results of the PCR test. However, the student should wear a mask and maintain distance until negative result is received.

If the student is unvaccinated, OR, if the student is vaccinated, symptomatic, AND has had a known exposure to COVID-19, the student will be required to quarantine until their result is obtained.

If a student refuses/declines COVID testing after disclosing to SHAC symptoms that are consistent with COVID-19, that student will be required quarantine for 10 days, or until a negative PCR test result is obtained. A student who is required to quarantine may not leave their designated quarantine space, and may not attend in-person classes or activities until cleared by SHAC or the Westchester County Department of Health.