• Influenza viruses are notable for their resilience and adaptability.

• The college has a team to prepare for and respond to a pandemic situation in our community.

• We have sufficient hand soap, tissues, surgical masks and places to dispose of them.

• We have a plan for the possibility of limiting large gatherings.
• We have an emergency communications plan that includes key contacts, a chain of command, and processes for tracking and communicating with students and employees via e-mail, text messaging, and voice mail.

• The college practices this plan and revises it periodically as needed.

• We are prepared and allow for employee absences during a pandemic.

• Limit close, personal contact such as handshaking, sitting in meetings, and shared workstations.
• We have established policies for entering affected areas that may house possible sick students within the college.

• We have procedures that cover signs and symptoms of influenza and response strategies.

• We will collaborate with federal, state and local public health agencies and/or emergency responders as directed.
TIPS FOR PROTECTING YOURSELF AND OTHERS

• Cover nose/mouth with a tissue when coughing or sneezing.

• If you don’t have a tissue, use your sleeve, not your hands, to protect those around you from getting sick.

• Dispose of tissues quickly and properly after use.

• Wash hands with soap and water or alcohol based hand wipes or gel sanitizers, after coughing, sneezing, blowing your nose and touching any other contaminated objects or materials.
• Avoid touching your eyes, nose or mouth.

• People at high risk for complications of influenza should avoid public gatherings such as classes, movies, religious services and public meetings.

• High risk people should also avoid going to other public areas such as food stores and pharmacies.

• Disposable surgical-type masks help prevent the spread of the disease through coughs and sneezes.

• Wearing a mask is not a substitute for social distance or other personal protection measures.
USEFUL LINKS

- NY State Pandemic Plan
  http://xrl.us/beqzyy

- Pandemic Flu.gov
  http://pandemicflu.gov/index.html