Suggestions from the Health Center

• Tissues
• Shampoo, soap, deodorant
• Lip moisturizer
• Hand sanitizer
• Disinfecting wipes
• Soup, ginger ale, crackers, tea
• Band-Aids
• Sanitary pads/tampons
• Ibuprofen: Advil/Motrin
• Acetaminophen: Tylenol
• Cough and cold medicine
• Cough drops
• Current prescription medications
• Inhalers/nebulizer
• Allergy medication if you have a known allergy