



SHAC PRESENTS....

*A mental health*

# Book GROUP




**FRIDAYS AT 3PM**

THE WELLNESS LOUNGE  
SPELLMAN HALL G-11

BOOKS CHOSEN BY THE  
GROUP MAY INCLUDE:

- WHAT MADE MADDY RUN
- BASKETBALL JUNKIE
- JUST CHECKING
- WASTED
- AN UNQUIET MIND

PERFECT FOR PSYCH  
MAJORS, MINORS,  
AND ANYONE WHO  
IN SOME WAY HAS  
BEEN TOUCHED BY  
MENTAL ILLNESS



FOR MORE INFO EMAIL [SHAC@MVILLE.EDU](mailto:SHAC@MVILLE.EDU)