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**Professor and Program Director**  
**MAT in Physical Education and Sport Pedagogy**  
**Department of Foundations of Education and Special Subjects**  
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**EDUCATION**

- 1988 Doctor of Education, Department of Movement Sciences and Education: Curriculum and Teaching in Physical Education Specialization. Teachers College, Columbia University  
Dissertation (1988): *A multi-case study of the implementation of movement education in selected schools.*
- 1984 Masters of Education, Teachers College, Columbia University  
Specialization: Curriculum and Teaching Physical Education
- 1978 Masters of Education, University of Maine, Orono  
Specialization: Curriculum in Physical Education
- 1977 B.S., Health, P.E., Rec., and Dance, University of Maine, Presque Isle  
State Certification in Physical Education (K-12)

**PROFESSIONAL EXPERIENCE**

Summer, 2005- Present

Manhattanville College, Purchase, NY. Program Director and Professor of Graduate Physical Education for MAT in Physical Education and Sport Pedagogy

Graduate Courses Taught:

MPE 5530- PreSchool and Elementary School Physical Education Content and Disciplinary Concepts, MPE 5526- Play, Games, and Sports in Historical and Cultural Context, MPE 5538- Instructional Planning for PreSchool and Elementary Physical Education

Fall 1989 - Spring, 2005

Hofstra University, Hempstead, New York

Professor of Graduate and Undergraduate Physical Education in the Department of Physical Education and Sport Sciences

1982-1989

Trinity School, New York, N.Y. Grades K-12, P.E. Department Chairperson (840 students, 10 Full-time P.E. Faculty, Full Administrative Responsibilities).

Varsity Softball Coach, Middle School Basketball Coach

1983 Teachers College, Columbia University

Physical Educator for Gifted Students Summer Project (ages 4-15)

Squash Instructor for Recreation Program

1980-1982

M.S.A.D. #23 Caravel Jr. High, Carmel, Maine  
Physical Educator for Grades 5-8, Grade 5 Science  
Grade 5 & 6 Health, Grades 7 & 8 Social Studies & World History

1977-1980

M.S.A.D. #36 Livermore Falls, Maine  
Elementary Physical Education Director Grades K-6 (600 students)  
Varsity and Frosh Field Hockey Coach, JV Basketball Coach  
Intramural Director (Pop. 4,500, 8 staff, 7 facilities.)

## **PUBLICATIONS**

### **Books**

Clements, R. L., & Schneider, S. L. (2017). *Moving with words & actions: Physical literacy for preschool and primary children*. Reston, VA: SHAPE America; Champaign, IL: Human Kinetics.

Clements, R. & Rady, A. (2012). *Urban Physical Education: Instructional practices and cultural activities*. Champaign, IL: Human Kinetics Publishing.

Clements, R. & Schneider, S. (2006). *Movement-Based Learning: Academic concepts and physical activity: Ages three through eight years*. Reston Virginia: NASPE Publications.

Clements, R. & Fiorentino, L. (2004). *The child's right to play: A global approach*. (Eds.) Connecticut: Praeger.

Clements, R. & Katz-Kinzler, S. (2002). *A multicultural approach for physical education*. Champaign, IL: Human Kinetics Publishing.

Clements, R. (2000). *Elementary school recess: Selected readings, games, and activities for teachers and parents*. (Ed.). Boston: American Press.

Lee, M. & Clements, R. (1999). *Moving to discover the USA: 142 Action rhymes, songs, and games*. Champaign, IL: Human Kinetics Publishing.

Martin, C. & Clements, R. (1997). *Selected games, contests, and relays from earlier times*. (3rd Ed.) Boston: American Press.

Clements, R. (1995). *My neighborhood movement challenges: Narratives, games, and stunts for ages three through eight*. (AAHPERD Publications: Reston, VA.)

Clements, R. (1995). *Games and great ideas: A guide for elementary school physical educators and classroom teachers*. (Ed.). Connecticut: Greenwood Press.

Clements, R. & Schiemer, S. (1993). *Let's move, let's play: Developmentally appropriate movement and classroom activities for preschool children*. Montgomery, Alabama: KinderCare Learning Centers, Inc. (Distributed by the American Alliance for Health, Physical Education, Recreation, and Dance Publications).

### **Book Entries/Chapters**

- Frode, S. & Clements, R. (2007). "Creating Natural Play Spaces for Make-Believe Play and Physical Activity." (p. 103-109). In Goodenough, E. (Ed.), *Where do the Children Play?* Ann Arbor, Michigan: Michigan Television Organization.
- Clements, R., Schneider, S., Cleland, F., Kiger, J., Pica, R., Sanders, S., Sawyers, K., & Weikart, P. (2007). "Physical Movement," In Epstein A.S. (Ed.), *The Intentional Teacher: Helping Young Children Acquire Essential Knowledge and Skills* (pp. 87-105). Washington, D. C.: NAEYC.
- Clements, R. (2006). "Modeling" in Sandel, L. (Ed.), *Teaching with Care: Cultivating personal qualities that make a difference* (pp.73-76). Newark, DE: International Reading Association.
- Clements, R. (1999). "Intergenerational play in a changing society." In Guddemi, M, Jambor, T, & Skrupskelis, A., (Eds.), In *Play in a changing society* (p. 6-9). Little Rock, Arkansas: Southern Early Childhood Association.
- Clements, R. (1999). "The emergence of playworkers in the USA." In Guddemi, M, Jambor, T., & Skrupskelis, A., (Eds.), In *Play in a changing society* (pp. 72-74). Little Rock, Arkansas: Southern Early Childhood Association.
- Clements, R. (1996). "Intergenerational play experiences: Three scenarios involving the 1920s, the 1950s, and the 1990s," In Guddemi, M., Jambor, T., & Skrupskelis, A. (Eds.), In *Play: An intergenerational Experience* (pp.11-16). Little Rock, Arkansas: Southern Early Childhood Association.
- Clements, R. (1994). "Making the most of movement narratives" In Rowan, F. (Ed.), in *Programs with pizzazz: Ideas for elementary physical educators*. Reston, VA: AAHPERD.
- Clements, R. (1993). "Movement structures: A cooperative play activity." In Guddemi, M. & Jambor, T. (Eds.), *A right to play* (pp. 105-112). Little Rock, Arkansas: Southern Early Childhood Association Publishing.
- Clements, R. (1992). "Equipment of an outdoor playground for children, birth to eight years." In Fromberg, D.P. & Williams, L.R. (Eds.), *Encyclopedia of early childhood education*. (pp.364-365). New York: Garland Press.
- Clements, R. (1992). "Susan Butcher." In *Twentieth century great athletes* (pp. 359-362). Englewood Cliffs, New Jersey: Salem Press.

## **Articles**

- Clements, R, & Schneider, S. (2017, December 13). Developing healthy, active, physically literate preschoolers. {Blog post for Office of Disease Prevention and Health Promotion}. Retrieved from [https://health.gov/news/blog-bayw/2017/12/developing-healthy-active-physically-literate-preschoolers/?source=govdelivery&utm\\_medium=email&utm\\_source=govdelivery](https://health.gov/news/blog-bayw/2017/12/developing-healthy-active-physically-literate-preschoolers/?source=govdelivery&utm_medium=email&utm_source=govdelivery)
- Filippelli, J. & Clements, R. (2017). Can today's superintendents be both instructional leaders and community leaders? *Educational Administration and Supervision Journal*, 35 (4), 2-11.
- Clements, R. (2016). Physical Education. In D. Couchenour & J. K. Chrisman (Eds.), *Encyclopedia of Contemporary Early Childhood Education* (pp. 998-1000). Thousand Oaks, CA: Sage Reference

Publication.

- Clements, R. (2013). Teacher Accountability or Credibility? *The Journal of Physical Education, Recreation and Dance*, 84 (6), 3-4.
- Clements, R. (2012). Focusing Pedagogy on Killer Habits (Editorial). *The Journal of Physical Education, Recreation and Dance*, 83 (9), 4-5.
- Clements, R. (2012). Dealing with Rebellious Student Behavior (Editorial). *The Journal of Physical Education, Recreation and Dance*, 83 (4), 3-4, 55.
- Clements, R. (2011). Physical play: A way to scaffold development, experience, and learning. (Part of Gesell Institute LEADership E-Kit). *Gesell Institute of Child Development*.p.1-9.
- Clements, R. (2010). Ageless Considerations for the Ongoing Inclusion of Play, Recess, and Physical Education (Editorial). *The Journal of Physical Education, Recreation and Dance*, 81 (6), 7-11.
- Clements, R. (2009). Four Considerations for Urban Physical Education Teachers. *The Journal of Physical Education, Recreation and Dance*, 80 (8), 29-31.
- Clements, R. (2009). [Review of the book *A Place for Play: A Companion Volume to the Michigan Television Film "Where do the Children Play"*]. *The American Journal of Play*, 2, 110-113.
- Clements, R. (2009). Leapfrog. In *Encyclopedia of play in today's society*. 1, 356-357. Los Angeles: Sage Reference Publication.
- Clements, R. (2009). Spinning Tops. In *Encyclopedia of play in today's society*. 2, 675-676 Los Angeles: Sage Reference Publication.
- Clements, R. Messanga, M. & Millbank, A. (2008). "Traditional Children's Games in Tanzania." *Children, Youth and Environments* 18(2): 206-218. Retrieved: from <http://www.colorado.edu/journal/cye>.
- Clements, R. & Kuperberg, M. (2008). Reaching our goals through effective communication. (Viewpoint), *Journal of Health, Physical Education, Recreation and Dance*. 79 (3), 4-11.
- Clements, R. (Fall, 2007). Southeastern zone and higher education pulls ahead with new PE profile. *New York State Association for Health, Physical Education, Recreation and Dance Higher Education/Professional Newsletter*. 1 (2), 3-4.
- Clements, R. (2007, Late Summer/Early Fall). Encouraging kids to be active: The importance of play. (Feature). *The American College of Sports Medicine Fit Society*. p. 3. [http://www.acsm.org/AM/Template.cfm?Section=ACSM\\_Fit\\_Society\\_Page](http://www.acsm.org/AM/Template.cfm?Section=ACSM_Fit_Society_Page)
- Clements, R. (2007, August). Confirming that play matters: Playground professionals make their case.

- (Feature Article). *Today's Playground: The World's Authority on Play Structures, Amenities and Industry Trends*. 7(4), 10-11.
- Clements, R. (2007, March/April). The three C Approach: Encouraging children to play outdoors. (Feature Article). *Today's Playground: The World's Authority on Play Structures, Amenities and Industry Trends*. 7(1), 24-29.
- Clements, R. (2007, Feb. 20). Is recess a frivolous waste of time with no apparent outcomes? (Commentary), *Teachers College Record*. See <http://www.tcrecord.org> ID Number: 13499.
- Schneider, S. & Clements, (2006). Balancing Academics and Physical Activity in Afterschool Programs: One Possible Solution. In the *New York State School Age Care Coalition*. [www.nyssacc.org/literature.htm](http://www.nyssacc.org/literature.htm).
- Clements, R. (2005). Play in the Dirt for a Clean Bill of Health. On-Line: [www.NewsforParents.org](http://www.NewsforParents.org).
- Clements, R. & Schneider, S. (2005). Excerpts from Movement-Based Learning: Academic concepts and physical activity: Ages three through eight years. *Strategies: A Journal for Physical and Sport Educators*. 19, 31-32.
- Clements, R. (2005). Invited Editor of *Teaching Elementary School Physical Education*. (TEPE Issue, March, 2005). Issue devoted to the importance of play in infants through Grade Six.
- Clements, R. (2005). Understanding the Importance of Play in Physical Education. *Journal of Teaching Elementary Physical Education*. 16 (2), 9-12.
- Clements, R. (2004). An Investigation of the Status of Outdoor Play. *Contemporary Issues in Early Childhood Education .International/Refereed/On-line Journal*. 5 (1), 68-90.
- Clements, R. (2003). Pointers for parents: Outdoor play fun and fundamental to healthy child development. *Education Update-On-Line*.
- Clements, R. (2003). New research finds a decrease in USA Outdoor Play. *PlayRights: An International Journal of the Theory and Practice of Play*. 25 (4), 11-13.
- Schneider, S. & Clements, R. (2002). Progressive School Family Playday. *PlayRights: An International Journal of the Theory and Practice of Play*. 24 (4), 21-22.
- Clements, R. & Schneider, S. (2002). Steps for a successful family playday. *PlayRights: An International Journal of the Theory and Practice of Play*. 24 (4), 22-24.
- Clements, R. (2002). Playing with your baby. *WIC California Department of Health Service Brochure*. Funded by the US Department of Agriculture (USDA). (Spanish translation).
- Clements, R. (2002) Playing with your toddler. *WIC California Department of Health Service- Brochure*. Funded by the US Department of Agriculture (USDA). (Spanish translation).
- Clements, R. (2002). Playing with your 3 to 5 year old. *WIC California Department of Health Service- Brochure*. Funded by the US Department of Agriculture (USDA). (Spanish translation).
- Clements, R. et. al. (2002). Nutrition: Good for You! (Curriculum & Video Package). Kansas State

University: *K-State Research and Extension*, Wichita, Kansas.

Clements, R. (2001). Do Children Really Need Elementary School Recess? *Nabisco: Made To Play Booklet*. (Grant Funded)

Clements, R. (2001). Recess: Going, Going, Gone. *Viewpoints on Parenting*. 3(4), p.7. Brous, M. & Clements, R. (2001). Consider the Characteristics: Age differences should be remembered when planning. *Today's Playground*, 1(4), 30-33.

Dusel, J. & Clements, R. (2001). Moving Into the Millennium with Intergenerational Movement and Play Experiences. *Strategies: A Journal for Physical Education and Sport Educators*. 14 (4), pp. 31-35.

Clements, R. (2001). Basic vocabulary for a beginning teacher: Imitation. Lenore Sandel (Ed.). *ERIC Clearinghouse*.

Clements, R. (2000). Playworkers: Creating Opportunities for Children's Play, *Dimensions of Early Childhood*. 28 (4), 9-13.

Clements, R. & Jarrett, O. (2000). Elementary school recess: Then and now. *Streamlined Seminar: National Association of Elementary School Principals*. 18 (4), 1-4.

Clements, R. (2000). Let the games begin. *Dragonfly* 4 (3), 15-16.

Clements, R. (1996). Intergenerational play experiences. *International Play Journal* 4, 151-162.

Clements, R. (1996). Instructional techniques for early childhood professionals serving as adjunct college professors. Web site: [www.earlychildhood.com](http://www.earlychildhood.com), *Discount School Supplies*, CA.

Clements, R. & Oosten, M. (1995). Creating and implementing preschool movement narratives. *Journal of Health, Physical Education, Recreation and Dance*. 66 (3), 24-29.

Clements, R. (1995). Intergenerational play experiences in 1995. *International Play Association/United States*. Spring Newsletter.

Clements, R. (1992). Feet and inches: A creative activity for body awareness. *Teaching Elementary Physical Education*. 3 (4), 12-13.

Clements, R. (1991). Making the most of movement narratives. *Journal of Health, Physical Education, Recreation and Dance*. 64 (9), 57-61. (Selected for JOPERD Anthology, 1994).

Clements, R. (1991). Let your students know: I CARE. *Strategies*. 4 (6), 8-9.

## **PROFESSIONAL PRESENTATIONS**

### **International/National**

Clements, R. & Schneider, S. "Developing Physical Literacy in the Young Child." (Featured Speakers). SHAPE America National Conference, Nashville, Tennessee, March 22 & March 24th, 2018.

Clements, R. & Rady, A., *“Teaching International Sports and Dances.”* SHAPE America National Conference, Boston, MA, March 14<sup>th</sup>, 2017.

Davis, K., Frank, A., Clements, R., Culp, B., Richards, A., Jones, F., James, M., Strong, J., James, M., *“Innovative Teaching Practices in Physical Education for Diverse K-12 Schools.”* SHAPE America National Conference (Formally AAHPERD), St. Louis, MO, April 1, 2014.

Burden, J., Culp, B., Clements, R., Davis, K., Faison-Hodge, J., Frank, A., Gelrod, R., Hemphil, M., Jones, F., Johnson, M., Rady, A., Schmidlein, R., Strong, J., James, M., & Yhema Mills-Parker, G., *“Best Practices for Diverse Student Populations.”* National Association for Health, Physical Education, Recreation and Dance Conference, Charlotte, North Carolina, April 23, 2013.

DiFiore, J., Schmidlein, R., Strong, J., Faison-Hodge, J., Culp, B., Rady, A., Bargainnier, S., Clements, R., Gelrod, R., Burden, J., Jones, F., & Hemphil, M., *“Setting the Standard for Multicultural Teaching: Best Practices.”* National Association for Health, Physical Education, Recreation and Dance Conference, Boston, Massachusetts, March 13<sup>th</sup>, 2012.

Clements, R., Crain, W., Horwitz, C., Pica, R., & Marshall, D. *“Mind over matter: How structured and free play scaffold development, experience, and learning.”* Gesell Institute of Human Development Early Childhood Leadership Conference. Yale University, New Haven, CT. October 15, 2010.

Clements, R. & Members from the Board of Directors of The American Association for the Child's Right to Play, *“Advocating for Play: Tools for assessing community and program needs and for organizing opportunities.”* National Association for the Education of Young Children National Conference, Washington, D.C., November 18, 2009.

Hellison, D. Sabo, D., O'Neill, A., Barnes, D., Clements, R., Thompson, W., & Goodway, J. *“NASPE 2009 All-Academy Symposium: Engaging Urban Youth in Physical Education and Physical Activity.”* National Association for Health, Physical Education, Recreation and Dance Conference, Tampa, Florida, April 2, 2009.

Clements, R. & NASPE Publication Committee, *“Leave a Legacy: NASPE Publication Open Meeting.”* National Association for Health, Physical Education, Recreation and Dance Conference, Fort Worth, Texas, April 10, 2008.

Clements, R. *“Play Matters: Research and Dialogue.”* National Association for the Education of Young Children National Conference, Chicago, Illinois, November 10, 2007.

Clements, R. & Millbank, A. *“Play Activities and Cultural Games in Tanzania.”* The American Association for the Child's Right to Play/TASP National Conference. Rochester, NY. April 25-28, 2007.

Clements, R. & Schneider, S. "Move, Learn, and Play for the Preschool Child." National Convention for the American Alliance for Health, Physical Education, Recreation and Dance, Baltimore, Maryland, March, 2007.

Clements, R. & Members of NASPE Publication Committee. "NASPE's Book Writers' Workshop." National Convention for the American Alliance for Health, Physical Education, Recreation and Dance, Baltimore, Maryland, March, 2007.

Clements, R. "Play, development, and early education: A discussion with researchers sponsored by the Play, Practice, and Policy Interest Group." (One of 14 researchers to discuss original research). National Association for the Education of Young Children National Conference, Atlanta, Georgia, November 10, 2006.

Clements, R. "Planning a community Playday: How to develop creative activities and innovative themes for intergenerational play." National Association for the Education of Young Children National Conference, Atlanta, Georgia, November 8, 2006.

Clements, R. Participant in On-line National Chat with George Graham and Charlene Burgeson, "A Pitch for Fitness in the Schools." Sponsored by Connect for Kids, Washington, D. C., Sept.12, 2006

Clements, R. "Partnerships for Early Childhood Development Unit for UNICEF: How Play can be used in Response to Emergencies and Transitions." UNICEF/United Nations: Global Consultation on Early Childhood Development. New York City, August 28-Sept.1, 2006

Clements, R. "Sports...Creating a Family of Players." (Keynote Address). 3rd Annual Professional Forum on the Development of Children-Argentina. This keynote involved more than 30 press interviews discussing recent research on the value of parents playing sports with their children. Buenos Aires, Argentina (August, 2006).

Clements, R. "Cultivating Family Values Through Sport." (Keynote Address). 3rd Annual Professional Forum on the Development of Children-Uruguay. This keynote involved more than 40 press interviews discussing suggestions for how parents can become involved with their child's sport and play life. Montevideo, Uruguay. (August, 2006).

Clements, R. "Childhood Obesity and the Value of Physical Play," for the Value of Play: A Forum on Risk, Recreation, and Children's Health. (Sponsored by the American Enterprise Institute for Public Policy Research -Brookings Joint Center and The Common Good). Washington, D.C. May 31, 2006.

Clements, R. & Schneider, S. "Movement-Based Learning Activities for Increased Physical Activity for Young Children." National Head Start Association Annual Conference, Detroit, Michigan. May, 2006.

Clements, R. "The Place of Play in International Development." Seminar of the International Play Association and UNICEF. Graduate School of the City of New York. January, 2006.



Clements, R. et. al. "Physical Play and Development in Tanzania" in special session entitled, "Supporting Play in the 21<sup>st</sup> century: Discussions of current research and practice." National Association for the Education of Young Children National Conference. Washington, D.C. Dec., 2005.

Clements, R. et. al. "Supporting Play in the 21st Century: Discussions of current research and practice." National Association for the Education of Young Children National Conference. Washington, D.C. Fall, 2005.

Clements, R. et. al. "Planning a Community Playday: How to develop creative activities and innovative themes for intergenerational play." National Association for the Education of Young Children National Conference. Washington, D.C. Fall, 2005.

Clements, R. "Is There Room in Education for Physical Play." (Keynote Address). International Play Association: Promoting the Child's Right to Play Conference. Berlin, Germany July, 2005.

Clements, R. "Parental Wisdom: A New Means to Educate Parents About Play." The Association for the Study of Play National Conference. Santa Fe, New Mexico, Winter, 2005.

Clements, R. "Community Playdays." The National Association for the Education of the Young Child National Conference. Anaheim, California, Fall, 2004.

Ashley, B. & Clements, R. "Conducting and Publishing Research in Play." The National Association for The Child's Right to Play National Conference. Baltimore, Maryland, Spring, 2004.

Clements, R. "Outdoor Play: A Thing of the Past?" The Association for the Study of Play National Conference, Georgia State University, Atlanta, Georgia. 2004.

Clements, R., Jarrett, O., Ryan, D., Harell, S., & Coronado, L. "Symposium on Recess." The Association for the Study of Play National Conference, Georgia State University, Atlanta, Georgia, 2004.

Clements, R. and BOD from IPA/USA. "Community Playdays: Purposeful Play for the Whole Family." National Association for the Education of Young Children National Conference: Chicago, Fall, 2003.

Clements, R. "Historical Research in Early Play and Schooling." Oxford University: England. Fall, 2003.

Clements, R. "Play Research Colloquium: Childhood Games, Habits, and Practices Study." National Association for the Education of Young Children National Conference: New York City, New York, Fall, 2002.

Clements, R. "Meet the Players: National and International Play Advocacy." National Association for the Education of Young Children National Conference: New York City, New York, Fall, 2002

Clements, R., Virgilio, S., Pica, R., & Pivarnik, J. "Active Start: Physical Activity Guidelines for Children Birth to Five." National Convention for the American Alliance for Health, Physical Education, Recreation and Dance, San Diego, California, Spring, 2002.

Dusel, J., Clements, R., Jambor, T. Skrupskelis, A., O'Bar, Schneider, S. "Learning how to Design and Implement a Community Playday." National Association for the Education of Young Children National Conference: Anaheim, California, Fall, 2001.

Dusel, J., Clements, R., Jambor, T., Skrupskelis, A. & O'Bar, A. "Creative Activities and Themes for a Community Playday." National Association for the Education of Young Children National Conference: Atlanta, Georgia, Fall, 2000.

Guddemi, M., O'Bar, A., Jambor, T., Dusel, J., Clements, R., & Skrupskelis, A. "A Community Playday." National Association for the Education of Young Children National Conference, New Orleans, Fall, 1999.

Clements, R. & NASPE Active Start Committee, "Active Start: Physical Activity Guidelines for Children Birth to Five Years." AAHPERD National Convention, Orlando, Florida, Winter, 2000.

Clements, R. "Physical Activity for Young Children and the Need for National Guidelines in Early Childhood Physical Education." National Educational Records Bureau Conference. New York, New York, Fall, 1999.

Clements, R. (Invited Delegate). International Symposium on Early Childhood Education and Care for the 21st Century. Sponsored by ACEI and OMEP. Gottlieb Duttweiler Institute in Ruschlikon, Switzerland. Summer, 1999.

Sanders, S., Clements, R., & Stork, S. "A Constructivist Approach to Early Childhood Physical Activity." AAHPERD National Convention, Boston, MA, Spring, 1999.

Guddemi, M., O'Bar, A., Clements, R. & Jambor, T. "The Nuts and Bolts of Planning a Community Playday." Southern Early Childhood Association National Conference, Nashville, Tennessee, Spring, 1999.

Reed, T., Clements, R., & O'Bar, A. "Critical Collaboration: Rethinking and Envisioning Play Theory and Application." Southern Early Childhood Association National Conference, Nashville, Tennessee, Spring, 1999.

Clements, R. "Helping Parents to Promote Physical Activity in Their Preschool-Aged Kids." The Department of Health and Human Services - Center for Disease Control and Prevention. Teleconference, Winter, 1999.

Clements, R. "An Analysis of Courses in Play Theory and Application." (Round Table) National Association of Early Childhood Teacher Educators National Conference. Toronto, Canada, November, 1998.

Clements, R. "Using the Imitative Approach to Teach Movement and Physical Play Activities." National Association for the Education of Young Children National Conference. Toronto, Canada, November, 1998.

Clements, R. et al. "A Community Playday." National Association for the Education of Young Children National Conference. Toronto, Canada, November, 1998.

Clements, R., & Dusel, J. "Increasing Success While Working With International Students." Association Internationale école Supérieur Education Physique (AIESEP) World Congress, Adelphi University, New York, Summer, 1998.

Clements, R., & Dusel, J. "Moving Toward the Millennium with Intergenerational Movement and Play." Association Internationale école Supérieur Education Physique (AIESEP) World Congress, Adelphi University, New York, Summer, 1998.

Guddemi, M., O'Bar, A., Jambor, T., & Clements, R. "Community Play Day." Southern Early Childhood Association Conference, Louisville, Kentucky, 1998.

Clements, R. "Increased Physical Play at School and At Home." (Poster Session). American Association for The Child's Right to Play National Conference. Longmont, Colorado, Summer, 1998.

Clements, R. "Play Objects and Games from China and Egypt." International Association for the Child's Right to Play/U.S.A. World Conference, San Antonio, Texas, 1997.

Clements, R. "Using the Imitative Approach for Increased Physical Play." International Association for the Child's Right to Play/U.S.A. International Conference, San Antonio Texas, 1997.

Clements, R., Carson, L., Pica, R., & Short, K. "FUNDamental Teaching Strategies for Early Childhood Movement Specialists." National Convention for the American Association for Health, Physical Education, Recreation, and Dance. St. Louis, 1997.

Clements, R., & Feldsher, S. "Intergenerational Play Experiences: Activities and Strategies for Implementation." National Association of Early Childhood Teacher Educators National Conference, Washington, DC, 1995.

Clements, R. "Identifying Intergenerational Play Experiences." (Keynote Address). August, 1995 Fourth Triennial National Conference of the International Play Association/USA in Birmingham, Alabama.

Clements, R. "Creating Stimulating Movement and Physical Play Environments." United States Physical Education Association National Conference, Orlando, Florida, 1995.

Clements, R., & Lee, M. "30 Integrated Movement Experiences for 3 & 4 Year Old Children." National Early Childhood Conference, *The Young Child: Moving to Learn*, Crystal City, Arlington, VA, 1995.

Gelormino, J., Massey, C., & Clements, R. "Helping Teachers and Caregivers Respond Appropriately to the Expectations of Parents from Diverse Cultures." NAEYC 1994 National Conference, Atlanta, Georgia, 1994.

Guddemi, M. & Clements, R. "Let's Move, Let's Play! Developmentally Appropriate Preschool Movement Activities for the Classroom." Southern Early Childhood Association National Conference, New Orleans, 1994.

Guddemi, M. & Clements, R. "Developmentally Appropriate Preschool Activities." (Poster Presentation). NAECTE National Conference, Anaheim, California, 1993.

Guddemi, M. & Clements, R. "Let's Move, Let's Play! Developmentally Appropriate Preschool Movement Activities for the Classroom." NAEYC 1993 National Conference, Anaheim, California, 1993.

Clements, R. (Invited Speaker). "Creating Movement Activities for the Young Child." National KinderCare Convention, Hilton Head, S. Carolina, 1993.

Clements, R. (Invited Speaker). "Movement Structures: A Foundation for Cooperative Play," National Convention for The American Association for the Child's Right to Play, University of North Texas, Denton, Texas, 1992.

Clements, R. "Beyond Blocks, Balls, and Free For All." National Conference on Teaching Children Physical Education. Waterville Valley, New Hampshire, 1992.

Clements, R. "Physical Education Activities that Work in Multicultural Settings." AAHPERD National Convention, Indianapolis, Indiana, 1992.

Clements, R. "Implications of Research for Teacher Education in Movement." AAHPERD National Convention in Boston, 1989.

### **State/District**

Clements, R. & Schneider, S. "Physical literacy lessons for preschool children." New York State AHPERD Annual Conference, Verona, New York, November, 2017.

Clements, R. & Schneider, S, & Lee, A. "Physical Literacy Activities for Prekindergarten and Kindergarten Children." (Featured Speakers) *The Maine Association for Health, Physical Education, Recreation and Dance* State Conference, Rockport, ME., November, 2015.

Clements, R. & Schneider, S. "Movement-Based Learning Experiences for Preschool and Kindergarten Children." New York State AHPERD Annual Conference, Verona, New York, November, 2013.

Clements, R. & Schneider, S. "Child's Play Can Be Better Play by Adding Props." *The Early Years Institute*. CA Technologies, Islandia, NY, December, 2010.

Clements, R. & Schneider, S. "Increasing Physical Activity and Academic Learning through a Movement Based Approach." The New York State Association for Education of Young Children State Conference. Rye Brook, New York, May, 2007.

Clements, R. & Schneider, S. "Movement and Learning." The New York State Association for Education of Young Children State Conference. Saratoga Springs, May, 2006.

Clements, R., O'Bar, A., & Guddemi, M. "Playdays: PreConference Workshop." Southern Early Childhood Association Conference. Daytona Beach, Florida, Winter, 2004.

Dusel, J., Clements, R., O'Bar, A., & Jarrett, O., "Community Playdays: Purposeful Play for the Whole Family." Southern Early Childhood Association Conference. Myrtle Beach, South Carolina. Spring, 2003.

Dusel, J., Clements, R., O'Bar, A., and Jarrett, O. "Community Playdays: It's Construction Through Completion." Southern Early Childhood Association Conference. Oklahoma City. Spring, 2002.

Dusel, J., Clements, R., Jambor, T., Guddemi, M. O'Bar, A., Skrupskelis, A. "A Community Playday." Southern Early Childhood Association Conference. Little Rock, Arkansas. Spring, 2001.

Dusel, J., Clements, R., Jambor, T., Guddemi, M., Skrupskelis, A. and O'Bar, A., "A Community Playday." Southern Early Childhood Convention, Birmingham, Alabama. Spring, 2000.

Clements, R., Carson, L. & Dusel, J. "Teaching Strategies for Early Childhood Movement Strategies." Southern Early Childhood Convention, Birmingham, Alabama. Spring, 2000.

Clements, R. "Incorporating Physical Activities into Nutrition Education." (Invited Speaker). New York City Metropolitan WIC Association, Inc. & the New York State Department of Health, Metropolitan Area Regional Office Seminar. Kings County Hospital Center, Brooklyn, New York. Spring, 2000.

Clements, R. "Balancing Nutrition and Physical Play Activities." (Keynote Address). Child and Adult Care Food Program Nutrition Services, Kansas State Department of Education. Manhattan, Kansas, Fall, 1999.

Clements, R. (Invited Speaker). "Balancing Nutrition with Physical Play in Young Children." Kansas State Research and Extension Annual Conference, Kansas State University, Fall, 1999.

Clements, R. "Physical Play and the Brain." IPA/USA and the University of Tennessee at Knoxville's Play and Brain Research: The Neurobiology of Creative Growth in Infants and Adults Summit." University of Tennessee at Knoxville, Fall, 1999.

Clements, R. "Integrating Physical Play Throughout the Prekindergarten Program." (Invited Speaker). Illinois Resource Center/Institute. Four days of presentations with four other invited experts, Summer, 1998.

Guddemi, M., O'Bar, A., Jambor, T. & Clements, R. "Community Play Day." Southern Early Childhood Association Conference, Louisville, Kentucky, Spring, 1998.

Clements, R. (Keynote Address) "Movement across the Curriculum In Preschool Through Grade Two." Virginia Early Childhood Association State Conference, Richmond, Virginia, 1998.

Clements, R. "Imaginative Movement Themes and Activities for PreK-Grade Two." Northwest Conference on Children's Physical Education (CCEPE), Portland, Oregon, 1996.

Clements, R. (Invited Speaker) "A Montage of Developmentally Appropriate Movement and Play Activities for Preschool Children." Early Childhood Physical Education NJAHPERD Conference, Kean College, New Jersey, 1995.

Clements, R. "Intergenerational Physical Education Activities." NJAHPERD State Conference, Somerset, New Jersey, 1995.

Clements, R. "Tried and Tested Preschool Movement Activities." NJAHPERD State Conference, Somerset, New Jersey, 1994.

Clements, R. (Keynote Address) "Thinking Differently About Physical Education in the 90's." The Maine Department of Education and MAHPERD Elementary Physical Education State Workshop. Topsham, Maine, 1992.

Clements, R. "Student Apathy: A New Look at an Old Problem." New York State Association for Health, Physical Education, Recreation and Dance State Conference. Monticello, New York, 1992.

Clements, R. (Invited Speaker) "Elementary Physical Education: Purposeful, Fun and Inexpensive." Maine Association for Health, Physical Education, Recreation and Dance State Conference, Rockport, Maine, 1992.

Clements, R. "A Multi-Case Study of the Implementation Process of Movement Education." Philadelphia, Pennsylvania, EDA Research Section, 1988.

### **Local Community/Workshops**

Clements, R. "Addressing Habits that Kill." Manhattanville College, Faculty Research Presentation, Library Periodical Room, April 9<sup>th</sup>, 2014.

Clements, R. & Schneider, S. "Squiggly Muscles and Healthy Hearts: Providing for the Young Child's Physical Activity Needs" (Keynote Address). Early Childhood Education Professional Development Conference, Manhattanville College, Purchase, New York. Oct. 5<sup>th</sup>, 2013.

Clements, R. & Schneider, S. "Literacy through Movement Narratives." Early Childhood Education Professional Development Conference, Manhattanville College, Purchase, New York. Oct. 5<sup>th</sup>, 2013.

Clements, R., Rady, A., Williams, V., Brown, H. Chichester, K., “Urban Physical Education Professional Development Day.” NYSAHPERD New York City Zone, Manhattan College, Riverdale, New York. June 7, 2012.

Clements, R. & Schneider, S. “Let’s Get Moving and Learning Using a Movement-Based Approach.” (Keynote Address). New York City Association for Childhood Education International. St. John’s University, Queens, New York. May 7, 2008.

Clements, R. “Childhood Obesity: Creative Solutions to a Complex Problem.” (Keynote Address). New York City Zone AHPERD Conference, Brooklyn, NY. Summer, 2007.

Clements, R. & Manhattanville College PE Graduate Students. “Advanced Motor Skills: International Sports and Games.” Westchester BOCES PE Consortium. Manhattanville College, Fall, 2006.

Clements, R. & Kuperberg, M. “The Status of Physical Education in Westchester, and Manhattanville’s new MAT in Physical Education and Sport Pedagogy Program.” Section One Physical Education Consortium. SWBOCES. Winter, 2006.

Clements, R. & Schneider, S. “Academic Concepts and Creative Physical Play Activities for Ages 3-4.” (2 sessions repeated) NYCAEYC Conference at CUNY Campus, Fall, 2005.

Clements, R. “Play in China: A Sociocultural Look at Toys and Games.” Presented in Foundations of Education EDU 287T, Hofstra University. Fall, 2004.

Clements, R. “The Role of the Playground Teacher.” Four Workshops for North Shore School District, Fall, 1999-2000.

Clements, R. & Carson, L. “Developmentally Appropriate Physical Play and Fitness Activities for Ages Infant through Three Years Workshop.” Diane Lindner Goldberg Childcare Institute, Hofstra University, 1997.

Clements, R. “Appropriate Toys for Young Children.” Diane Lindner-Goldberg Child Care Institute, Hempstead, New York, Winter, 1996.

Clements, R. “A Multicultural Approach to Learning in the Elementary Classroom.” Elmont Union Free School District Staff Conference Day, Elmont, NY, 1995.

Clements, R. “Motivating Your Students to Move.” New York City Board of Education Adaptive Physical Education Teacher Workshop, Brooklyn, District 75, 1995.

Clements, R. “Intergenerational Play Experiences Community/School Activities and Strategies for Implementation.”

-The Caring Center, Philadelphia, 1995.

-The Nurturing Place, Jersey City, 1995.

-Allied Services Rehabilitation Hospital, Scranton, PA, 1995.

-Boys Brotherhood Republic, New York, NY, 1995.

-Kensall School at Galluidet University, Washington, DC, 1995.

-St. Vincent’s School, Catholic Charities, Baltimore, MD, 1995.

Clements, R. and Zucker, J. "American Indian Games and Cultural Pastimes." Levittown School District, New York, Spring, 1995.

Clements, R. "Movement Activities for the Young Child." Brooklyn Public Schools District Spring Workshop, P.S. 222, 1994.

Clements, R. & Gray, P. "Afro-Centric Game Activities: Demonstration." Women Helping Girls Conference, School of Education, 1992.

Clements, R. "Fitness Walking: Instruction and Demonstration." Mid-Island Y, Jewish Community Center, Plainview, New York, 1992.

Clements, R. "Cultural Diversity in Motion." East Stroudsburg University, Physical Education Department Undergraduate Students, Nov. 1992.

Clements, R. "Implementing Creative Movement Activities." Syosset Central School District Workshop, Syosset, New York, 1991.

Clements, R. "Implementing a preschool movement curriculum." Berkeley Carroll Street School Brooklyn, NY. November, 1991.

Clements, R. "Movement Activities for Neurological Impairments." Berkeley Carroll Street School Brooklyn, NY. November, 1991

Clements, R. "Motivational Approaches for Physical Education Classes." Franklin Square Union Free District wide Workshop, Franklin Square, NY, 1990.

Clements, R. "Movement Education: Key Elements," Queens College Department of Health and Physical Education, Queens, New York, 1990.

Clements, R. ISPEN New York City Workshops: "Competition and the young child," "Student motivation," "Using innovative equipment," "The value of student handbooks," "Limited facilities," "Fitness activities," 1982-1988.

Clements, R. "Honoring the Young Student's Efforts," United States Achievement Academy, Washington, D.C. 1987.

Clements, R. "The Physical Educator's Future," U.S. Depart. of Human Services, Washington, D.C., 1987.

Clements, R., "How to Involve the Young Athlete," Women's Sports Foundation, New York, 1987.

Clements, R., American Association for Female Exec. "The Competitive Drive of the Female Athlete in the Corporate World," New York, 1987.

Clements, R. "Leadership Qualities in Physical Education," Phi Delta Kappa, IN, 1987.

Clements, R. "Facilities for the Athlete." Investment Counsel Assoc. of America, Inc., New York, 1986.

Clements, R. "The Need for Fellowships in Physical Education." AAUW Educational Foundation, New York, 1986.



Clements, R. "Community Movement Programs for Children." American Broadcasting Co., Inc., NYC, 1984.

Clements, R. Guest lecturer on topics related to "movement education" at Hunter College, William Patterson College, Tarrytown Physical Education Development Center/Teachers College, and Montclair State College, 1980-1984.

## **AWARDS/RECOGNITIONS**

Clements, R. Recipient of *Amazing Physical Educator* for South Eastern Zone in recognition of outstanding service to the New York State AAHPERD Association, Presented at November, 2017 State Conference.

Clements, R. Honored as *Past President (1981-1982)* at the 70th anniversary of the Maine's Association for Health, Physical Education, Recreation, and Dance (MAHPERD) state convention at the Samoset Resort in Rockland Maine. (November, 2015).

Clements, R. Recipient of the *Manhattanville College Valiant Award* for Service rendered to Manhattanville College Athletic Department presented at College Athletic Banquet (May, 2011).

Clements, R. Honored as *Past President (1981-1982)* at the 65<sup>th</sup> anniversary of the Maine's Association for Health, Physical Education, Recreation, and Dance (MAHPERD) state convention at the Samoset Resort in Rockland Maine. (November, 2010).

Clements, R. Recipient of The American Association for the Child's Right to Play *Dr. of Play Award* for dedication to advanced projects aimed at supporting the United Nations' Article 31 of the Convention on the Rights of the Child. Given at National Conference held at Georgia State University, Atlanta, Georgia. (March, 2010).

Clements, R. Recipient of *Outstanding Leadership Award* as a result of serving as President for the American Association for the Child's Right To Play (2001-2004). Given at International Conference held at Baltimore, Maryland. (May, 2004).

Clements, R. Recipient of *Amazing Physical Educator* for Nassau Zone in recognition of outstanding service to the New York State AAHPERD Association, Presented at November, 2002 State Conference.

Clements, R. Recipient of *Robert Gutchen Award* in recognition of outstanding service to the School of Education. (Presented at May, 2002 Graduation).

Clements, R. Recipient of *Presidential Citation Award* in recognition of special assistance to the President of Nassau Zone. Given at the Nassau Zone Conference held at Hofstra University (March, 2002).

Clements, R. Recipient of *Outstanding Leadership Award* as a result of serving as President for the American Association for the Child's Right To Play (1999-2001). Given at International Conference held at Hofstra University (May, 2001).

Clements, R. Recipient of *Nassau Zone 1999 Service Award*. Given by the Nassau Zone of NYSAHPERD. Received at Nassau Zone Conference (Spring, 1999).

Clements, R. Recipient of *Distinguished Service Award*. Given by the National Association for Sport and Physical Education, (NASPE). Received at National AAHPERD Convention, Portland, Oregon. (Spring, 1995).

Clements, R. Recipient of *Distinguished Service Award*. Given by National Association for Sport and Physical Education, (NASPE). Received at National AAHPERD Convention, Washington, and D.C. (Spring, 1993).

Clements, R. Recipient of *Nassau Zone of NYSAHPERD Higher Education Award*. Received at Spring, Nassau Zone Conference, Great Neck, New York. (Spring, 1993).

Clements, R. Recipient of *Early Childhood News Director's Choice Award*. (Curriculum Category – Let's Move, Let's Play Product). Presented at NAEYC National Convention, Anaheim, California. (Spring, 1993).

Clements, R. Recipient of *Outstanding Teacher Award*, MSAD #36 District-wide Award. 1980.

## **GRANTS**

Assisted in securing training funding from the Carol M. White Grant for the MAT in Physical Education and Sport Pedagogy program to assist the New Rochelle City School District in the implementation of the grant (Summer, 2007)

Assisted in securing training funding from the Carol M. White Grant for the MAT in Physical Education and Sport Pedagogy program to assist the Blue Mountain Middle School in Cortlandt Manor, New York in the implementation of the grant (Summer, 2007)

Secured donation to IPA/USA from Wisk Laundry Detergent to implement National Campaign, "America Needs Dirt" aimed at promoting outdoor play, (Fall, 2004).

Secured donation to IPA/USA from Wisk Laundry Detergent to implement Active Play Study" (Funds used for national campaign involving a national survey to obtain data on the extent that today's children are playing outside), Fall, 2004.

Secured \$70,000 from Nabisco to conduct a national survey regarding childhood games, habits, and practices for the American Association for the Child's Right to Play. Research findings are compiled and reported in an article by Clements for publication, and in a free brochure that was circulated to public schools throughout the USA. 2001.

Secured \$500 for School of Education Research Grant (Funds used for Elementary School Recess Study- The Northshore Recess Study). 2000.

Secured \$500 for School of Education Research Grant (Funds used for South Bronx, Project Achieve Program), 1998.

Secured \$10,000 New York State Department of Social Services. (Funds used for Diane Lindner-Goldberg Child Institute Increased Physical Play Project), 1997.

Secured \$500 Faculty Research Grant from School of Education (Funds used for Multicultural Approach Project), 1997.

Secured \$475 Faculty Research Grant from School of Education (Funds used for Little Steps Network, Preschool/Elem. Equipment), 1996.

Secured \$435 Faculty Research Grant from School of Education (Funds used for Little Steps Network, Preschool/Elem. Equipment), 1993.

Secured \$1,086.66 Research Grant from Fordham University (Funds used for materials used in Project Achieve Physical Education in NYC), 1991.

Secured \$310 Faculty Research Grant with Dr. Nathalie Smith from School of Education (Funds used to develop a videotape library containing master teaching practices), 1991.

## **PROFESSIONAL DEVELOPMENT AND EDUCATIONAL CONSULTING**

Clements, R. (2010- present). Committee Member, NASPE's Diversity and Inclusiveness Task Force. Participation at Urban Physical Education National Institute, New York City, July, 2011.

Committee Member, SHAPE America Board of Director and President Nominating Committee (2013-2016). Identified top candidates for positions within the Board of Directors for SHAPE America for national election process.

Clements, R. (2011). Committee Member, Served on the *International Play Association: Promoting the Child's Right to Play* Communication Committee from 2008-2011. Final Report (March, 2011) identifies many advanced projects utilized in 38 different countries to advocate for children's play activities.

Clements, R. Delegate to the National Association for Sport and Physical Education Delegate Assembly representing NASPE's Publication Committee. National Convention for the American Alliance for Health, Physical Education, Recreation, and Dance, Indianapolis, Indiana, March 19, 2010.

Member of *Planning Committee for Early Childhood Products and Flying Start Catalog*, Flaghouse, Inc. and consultant involving annual meetings concerning play equipment/activities. June, 2009-present.

Delegate to the National Association for Sport and Physical Education Assembly Meeting representing AAHPERD Publication Committee. National Convention for the American Alliance for Physical Education, Sport and Dance, Tampa, Florida. April 3rd, 2009

Member of Planning Committee for NASPE Task Force for Sociocultural Competencies in Teacher and Professional Education, April 2, 2009.

Play and Games Expert for Singapore's Meridian Junior College. Assisted group in understanding current trends and impacts on traditional games for college research project. July, 2008.

Named to Advisory Board for *Body, Mind, and Child*. Body Mind and Child was developed by early childhood professionals to bring the best and latest insights and knowledge directly to parents. Offers the work of experts in the fields of early childhood education, physical education/motor development, play research, child development, and the neurosciences. Oct. 2007 to present.

[www.bodymindandchild.com](http://www.bodymindandchild.com)

Sesame Place, Langhorne, Penn. (R. Clements, Educational Consultant) “Good Neighbor Award.” This project involved researching and designing criteria for the award and assisting in the selection of the three recipients and conducting radio and newspaper interviews. Spring- Summer, 2007.

Early Childhood Child Development for Emergencies Working Group for *UNICEF* and the United Nations. (R. Clements, Committee Member). Responsible for creating a document that emergency responders and caregivers can use when addressing the needs of young children during times of war and natural disasters. The document will be shipped along with supplies throughout the world. Oct. 2006- present.

Verizon Wireless, (R. Clements, Research and Development) “Chaperone.” This national project involved the creation of the new Chaperone System (animated CD, website, and family certificates made available for families for increased communication, and as a way to get children outdoors and become more physically active. The project included being interviewed by more than 30 journalists. Spring, 2006 to Summer, 2006.

Crayola Crayons, (Clements, R., National Spokesperson) "Erase It Fund." This national project was aimed at identifying the child's most important social issues in contemporary times. Responsibilities included working with a team of experts to design a national campaign where children could use their creative arts and language skills and submit a drawing and writing concerning their greatest social concern. The project included performing over 25 media interviews (television, radio, & journals) to make children aware how they could become involved and "erase" their greatest concern. (Spr, Su, Fall, 2005).

Cartoon Network, (Clements, R., Educational Consultant). “Rescuing Recess” Project. Responsibilities include researching childhood obesity issues for Cartoon Network. This national program is on going with the actual project involving more than 10 National Associations. (Summer, 2005 to present).

Disney Channel (Clements, R, Educational Consultant), Imagine That! The Creative Adventure. This national project was based on providing increased language art skills to children in grades five and six across the nation. Responsibilities included working with a team to design a school program, script writing, teacher lesson plans, surveys, children incentives, and pilot testing the program in high-risk schools. Organized by Jack Morton Worldwide & ABC Cable Networks Group. (Summer, 2004- Spring, 2005).

Wisk Laundry Detergent/Unilever. (Clements, R., Educational Consultant). Solicited for expertise in National Campaign entitled, “America Needs Dirt” aimed at outdoor physical activity. Project featured Cal Ripken Jr. in Spring, 2004-Fall, 2004.

Wisk Laundry Detergent/Unilever. (Clements, R., National Spokesperson) conducted a national survey based on children(s outdoor play behaviors with funding from Wisk Laundry Detergent/Unilever. Findings focused on the extent that children are playing outdoors compared to their children today. (2004).

### **Professional Interviews on Topics related to Outdoor Play, Child’s Rights, and Physical Activity (2002-Present)**

#### **Selected Live Television Interviews**

WCBS New York	NY1 New York	WPBF/ABC West Palm Beach
WKBW/ABC Buffalo, NY	KPRC/NBC Houston, TX	KARE/NBC Minneapolis, MN
WEWS/ABC Cleveland, OH	WPVI/ABC Philadelphia, PA	KOVR/CBS Sacramento, CA
WCMH/NBC Columbus, OH	KRQU/CBS Albuquerque, NM	WISH/CBS Indianapolis, IN
WBRC/FOX Birmingham, AL	WKMG/CBS Orlando, FL	WLUK/FOX Green Bay, WI

KUSA/NBC Denver, CO  
 WGHP/FOX Greensboro, NC  
 WBFF/FOX Baltimore  
 WJBK/FOX Philadelphia, PA  
 News 12, New Jersey  
 ABC Good Morning Show  
 \*ABC World News Tonight  
 Washington Dateline

WAGA/FOX, Atlanta, GA  
 WVIT/NBC Hartford, Conn.  
 WKYC/NBC Cleveland, OH  
 WPVI/ABC Philadelphia  
 Eye Witness News, NY  
 CNN, NBC, Fox Cable  
 NBC10, Live Philadelphia  
 CBN News

WHAS/ABC Louisville, KY  
 WMAR/ABC Baltimore,  
 WDIV/NBC Philadelphia, PA  
 WMAQ/NBC Chicago  
 UPN News  
 Fox 5  
 CBS News, Early Show  
 WNET/Thirteen

\*Clements, R. (June, 2007) interviewed for ABC World News Tonight with Charlie Gibson on the topic of the “Dangerous Book for Boys.” Graduate students were also filmed. (The segment also aired on BBC World News Tonight).

### **Radio Interviews**

WELM-AM Cleveland  
 WMCW & WLSK Cleveland  
 WQSR-FM Baltimore  
 WDAS/FM Philadelphia  
 WVKZ/AM Albany, NY  
 WWKI/FM Indianapolis  
 WTIC/AM Hartford  
 Metro Networks National  
 WLIS/AM Hartford  
 KPQ/FM Seattle  
 Metro Networks, Baltimore  
 WXPN/FM Philadelphia  
 \*WFAN/AM New York

WBTC- AM Cleveland  
 WFUV-AM Fordham Univ.  
 WWVJ-AM Detroit  
 Radio-Disney Philadelphia  
 WRIV/AM Long Island  
 USA Radio Network National  
 KYW/AM Philadelphia  
 WKNY/AM Poughkeepsie  
 WOR/AM New York  
 WLPO/AM La Salle, IL  
 NPR, WLIU  
 WMPK, FM Concord, NH  
 Metronews Talkline Radio

WDOK- FM Cleveland  
 WRHU-FM Hofstra University  
 WJR/AM Detroit  
 WGY-AM Albany, NY  
 WENT/AM Albany  
 WTAX/AM Springfield, IL  
 South Carolina News Regional  
 KTSA/AM San Antonio  
 KLAY/AM Seattle  
 CBS Viacom Philadelphia  
 \*WCBS, NYC  
 KIRO, Seattle  
 \*WPHT Philadelphia

\*Clements, R. (Jan., 07) interviewed by Rick Wolfe on “The Sports Edge,” WFAN-NY.

\*Clements, R. (September, 2006) interviewed by Peter Haskell on WCBS Radio on the topic of the Child’s Rights to Play.

\*Clements, R. (December 3, 2005), one of two experts to be interviewed by CBS’s Emmy Award-winning broadcaster and film critic, Steve Friedman, who is known through out the country as, “Mr. Movie.” Broadcasting from WPHT Philadelphia radio, the live talk Show is broadcasted in 38 states and Canada, and is best known as an entertainment guide for family movies. The topic was “What Dad’s can do with their Kids over the Holiday Break?”

### **Interviews with Trade Journals/Magazines/Major Newspapers**

Family Times  
 East County Times  
 Detroit Free Press  
 Parents Express  
 Child Magazine  
 Nick Jr. Family Magazine  
 Parents  
 Philadelphia Inquirer  
 New York Family  
 Time Out NY Kids  
 Woman’s Day

Northern Ohio Live Magazine  
 African American News Group  
 Detroit News  
 Curious Parent  
 Baby Talk  
 Ladies Home Journal  
 Montgomery County  
 Big Apple Parent  
 Westchester Parent  
 The Journal News  
 Stanford Advocate

Wall Street Journal  
 Metro Parent (NYC)  
 MetroKids  
 Philadelphia Magazine  
 Working Mother  
 Parenting  
 Philadelphia Daily News  
 Queens Parent  
 Daily News, NY  
 \*New York Times  
 First for Woman

Alliance Review	Atlantic Journal Constitution	Backpacker Magazine
Time Magazine	Boston Globe	Early Childhood News
Palm Beach Post	Baltimore Jewish Times	Harpers
Las Vegas Sun	Child Magazine	Ladies Home Journal
National PTA Journal	US News and World Report	Weekly Reader
Time Magazine	Pub Med (on-line)	Le Figaro (French)
Washington Times	Scholastic News	Houston Chronicle
Business Week	Mobile Register	USA Weekend
Greenwich Time	Working Mother	Nueva Magazine-Argentina
NY Times-Regional	Baltimore Sun	Houston Chronicle
St. Cloud Times, MN	USA Today	Denver Post
Atlantic Monthly	Beaumont Enterprise	The Record- Stockton, CA
Milwaukee Journal Sentinel	Star Telegram-Texas	Grand Forks Herald-ND
Centre Daily-PA	Arizona Tribune	Boston Herald
MSNBC.com	Education World	Redbook
South Pasadena Patch	Mountain Democrat	

Clements, R. (Oct.11, 2015). Interviewed for Audio Files: *Hidden in Plain Sight*: “The History of Hide and Seek.” (Reporter: Lilly Knoepp) Manhattan Studios.

\*Clements, R. (May, 2007) interviewed by Alex Williams in “Putting the Skinned Knees Back into Playtime,” in the New York Times.

\*Clements, R. (April, 2007) interviewed by Jane Brody in “A Classroom of Monkey Bars and Slides,” New York Times.

\*Clements, R. (June, 2006). Interviewed by Emily Bazar (Cover Story) in “Tag! More Schools Ban Games at Recess” for USA Today.

PBS Children’s Show Cyberchase. Oversaw the field-testing of creative math and fitness activities with Manhattanville Graduate Students. November, 2009.

Toys R Us. Assisted in the three major *Viewpoints on Parenting* issues. Spring, 2001.

Haystack Toys. Member of parent’s playgroup advisory board. Spring, 2000-2002.

International Preschools. Workshop series aimed at implementing physical play activities, NYC, 2000.

Learning in Motion/US Games. Member of Educational Advisory Council for Early Childhood Equipment and Play Environments, Spring, 1999-2002.

Lob Volley Tennis Unlimited. Assessed the appropriateness of preschool movement equipment for mass distribution, Summer, 1997. Created the commercially distributed handbook for parents and teachers of preschool children, Fall, 1994.

Kidsmotion. East Amherst, NY. Curriculum development and expansion. Winter, 1995.

Smart Moves. Ft. Washington, PA. Curriculum design and reviewer. Fall, 1995.

The Joy of Sports Foundation. Curriculum Review. Alexandria, VA, Fall, 1995.

Edelman Public Relations. Supplied content for fitness flyer distributed by Sugar Association, Washington, D.C., Summer, 1994.

The Calhoun School. Staff development and curriculum expansion. New York City, 1993-94.

Monticello School District. Staff development in elementary physical education. Monticello, NY Spring, 1993.

Bronx Community College. Assisted the Department of Health and Physical Education in their efforts to create a New York State Early Childhood Movement Certification. Fall, 1993.

Education Development Center, Cairo, Egypt. Curriculum Development Project. Washington, D.C. July, 1993.

Flaghouse. Inc., Early childhood and elementary physical education and selection decisions. Created "movement cubes." Mount Vernon, New York, Spring, 1992- 2004.

Childcraft Early Childhood Teacher Resources. Series of meetings to demonstrate how products can be used in movement lessons. Edison, New Jersey. Winter, 1992.

Texas Department of Human Services. Playground design and safety for young children. September, 1990.

The Trinity School, the Cathedral School, and Birch-Walton School. The development of perceptual motor screening devices. New York, NY, Oct. 1990-January, 1991.

Allen-Stevenson School. Elementary physical education curriculum enhancement for all boy population. New York, NY, Dec. 1990-Feb. 1991.

Provided training for 18 Different Preschools and Elementary Schools in Nassau County. Selecting appropriate playground equipment, play areas, and curriculum development in Long Island. 1989- 2004.

Advisor to NYC Public School Project: P.S. 165: Assessing Urban Children's Motor Skills, 1983.

Member, Nominating Committee, Eastern District Association for Health, PE, Recreation, and Dance, 1982.

Assistant Coordinator, Maine State Adapted Physical Education Conference, 1982.

College Liaison for University of ME at Orono and 64 public high schools regarding Freshman Early Learning Experience, 1982.

## **SELECTED PROFESSIONAL SERVICE**

Member of Journal of Physical Education, Recreation, and Dance (*JOPERD*) Editorial Board (March, 2010- three year term). The Committee considers all independent feature proposals, selects department editors and contributes editorials while encouraging submissions of articles. It is a six member board.

Committee Member, *NYS Professional Preparation Council for Physical Education*. Group of 20 NYS Physical Education Chairs and Directors meet yearly at the State Education Building in Albany for

discussions focusing on accreditation standards, NCATE, and other potential changes in state physical education certification. Fall, 2005-present.

Member, NASPE Publication Committee (March, 2007- three year term). This Committee is responsible for the selection and assistance in the development of all textbooks, teacher resources, and small documents that are produced for the National Association for Sport and Physical Education. It is a six-member committee with each individual having expertise in one area of interest.

Committee Member, NYSAHPERD Jay B. Nash Award Committee, (May, 2007 to present).

Past President, The American Association for the Child's Right to Play (IPA/USA). (Summer, 2005 – Spring, 2007). Responsibilities include addressing numerous emails and letters from parents throughout the USA. It also requires on-going contact with the International Play Association (IPA) and organizing workshops within the USA.

Associate Editor of *PlayRights: An International Journal of the Theory and Practice of Play*. This peer-reviewed journal is published 4 times each year on-line. Responsibilities include working with Review Committee, editing articles, and correspondence with authors (Summer, 2003-Winter, 2008)

Council Member at Large: The International Play Association. Immediate responsibilities include organizing January, 2006 workshop in NYC involving several meetings with representatives from the United Nations. Summer, 2005 to Present.

Member, AD HOC Committee on Academic Integrity, SOE, Manhattanville College, January, 2006-Spring, 2006.

Committee Member, Manhattanville College School of Graduate and Professional Studies for the development of a Sports Management Program. Assisted in the program framework/design. Fall, 05.

Member, Partnership Committee of the School of Education, Manhattanville College, Fall, 2005-present.

Planning Committee for Long Island Children's Museum, Fall, 1998-2004.

Physical Education New Zealand. Assisted in developing physical activity guidelines for New Zealand-recommended by NASPE office, Spring, 2003-2004.

Parental Wisdom: Nocera and Associates, LLC. Reviewer of Content, Advisory Board Member, 2002-present.

V.P for Elementary Physical Education, Nassau Zone NYSAHPERD, (Spring, 1996-2004).

Conference Committee Member. "Baseball and the Sultan of Swat: A National Conference Commemorating the 100<sup>th</sup> Birthday of Babe Ruth, Hofstra University, Spring, 1995.

Chairperson, Hofstra University Graduate Coordinator Committee, Spring 1993-2003.

National Association for Sport and Physical Education and KinderCare, Inc. (Assisted in the creation of Instructor Video and three Instructional Videos concerning developmentally appropriate physical activities for 3 & 4 year old children). Involved KinderCare Learning Centers, Inc., Potts Production, and Tracy Locke Advertising, Montgomery, Alabama. July, 1992 - February, 1993.



Committee Member, Active Start Committee for National Association for Sport and Physical Education, Developed National Early Childhood Physical Activity Guidelines, entitled, Active Start: A Statement of Physical Activity Guidelines for Children Birth to Five Years, Spr.99 - February, 2002.

Conference Director, An International Conference: The Child's Right to Play: A Global Approach (May 3-8, 2001) at Hofstra University. Assistant Director: Sharon Schneider. This large-scale event included more than 45 different countries, and articles in more than 240 newspapers throughout the USA reporting on the conference's distinguished speakers.

President, The American Association For the Child's Right to Play, Summer, 1998-2004. The Association is aimed at protecting, preserving, and promoting play as a fundamental right of all children. Seventeen members Board of Directors. Affiliate of international association consisting of 44 countries. See website: [www.ipausa.org](http://www.ipausa.org) for more information.

School of Education On-Site Coordinator, National Council for Accreditation of Teacher Education (NCATE), Hofstra University, School of Education, Fall-Spring, 1992 *and* Fall-Spring, 1997.

Educational Trainer, The Navajo Area Indian Health Service/Health Promotion Program. USA Department of Health and Human Services. Training for Native American Head Start Specialists in Early Childhood Fitness and Movement Activities. Farmington and Gallup, New Mexico and Tuba City, Arizona, 1997.

START KIDS: Athletic Development Center. Syosset, NY. Training in Early Childhood Movement and Motor Skills Instruction. 1996.

Children's Television Workshop/Sesame Street and Sesame Place. Consultant and presenter at Fall, 1995 Sesame Street Employee Workshop. Two-day workshop with writers, producers, and journalists to assist in the implementation of (Games Theme for Television Programming. Fall, 1995.

COPEC/NASPE Conference Program Planning Committee for 1995 International Conference on the Young Child: Moving to Learn. May, 1995 at Crystal City Hyatt Regency Hotel, Washington, DC.

Children's Television Workshop/Sesame Street, Sesame Place. Developed comprehensive lesson plan package for ages four years through nine for Summer, 1994 physical fitness project. Created proposal for public demonstrations for school settings. Developed and designed Sesame Place fitness brochure for widespread circulation, Spring, 1994.

Conference Co-Director, Nassau Zone Early Childhood Movement Conference (October 20-21, 1993) at Hofstra University.

National Elementary Physical Education Convention Planning Committee. Conducted at East Tennessee State University, Johnson City, Tennessee, 1993.

Conference Director, East Coast Regional Games Conference (May 1-3, 1992) at Hofstra University. Worked with Hofstra University's Cultural Center to offer an international conference involving 49 countries and 105 presenters, and three days of World Council Representatives preparing document for the United Nations.

Hofstra University and School of Education, Hempstead, New York Committees:  
-Multicultural Committee, School of Education, 1992-1996.  
- Scholarship and Financial Aid Committee, 1996.

- School of Education Retreating Planning Committee, 1993.
- Graduate Academic Affairs Committee, 1995.
- Long Island Educator of the Month Award, 1993-1995.
- NCATE Task Force Three Chairperson for Recruitment and Retention, 1991
- Advisor, Caisson Cadet Corps, Community Outreach Program, 1991.
- Liaison, Educational Foundation for Foreign Study and Hofstra's International Students, 1991.
- Five-Year Pre-Planning Committee SOE, 1991.
- Retreat Facilitator, SOE Development of NCATE Mission Statement, 1991.
- University Playground Committee for Saltzman Center, 1990.

Small World Press. Served as Educational Resources Director for early childhood and elementary children curriculum materials. Bayview, Idaho. Fall, 1992 - 2000.

Volunteer/Assisted the Organizer. New York State Games for the Physically Challenged- Swimming Events, Nassau Community College, 1991.

Developed, Implemented and am the Director of a Preschool Physical Education Network (The Little Steps Network) involving 9 Long Island school programs, Early Childhood Specialists, and Hofstra's Graduate Students, 1989 to 2004. Some results were been used by COPEC to identify developmentally appropriate movement activities for three to four year old children.1989-2004.

Bronx High Schools: Project Achieve Physical Education - High Risk Student Population (12 schools), 1989-2003. Field-testing high school and middle school physical education activities. Dewitt Clinton- first school to initiate the program.

Teachers College, Columbia: Assisted in Curriculum writing workshop series for selected independent school physical educators (1989), Assisted in Postdoctoral dilemmas in research writing (1988-1989), and conducted numerous curriculum development projects with independent school physical educators (1982-1988).

Phi Delta Kappa, V.P. for Membership and Corresponding Secretary, Teachers College, 1983-1989.

Field Associate for Curriculum and Teaching Physical Education. Department of Movement Sciences, Teachers College, Columbia University, 1982-1988.

President, Maine Association for Health, Physical Education, Recreation and Dance (MAHPERD), 1981-1982.

- State MAHPERD Convention Coordinator (76 speakers, 556 in attendance at Bates College), 1981.
- Board of Directors, American Heart Association, Maine Affiliate, 1981-1982.
- State Physical Education Public Information Coordination (PEPI) for 16 Maine public schools, raised \$40,000 for American Heart Association, 1979.

## **REVIEWER FOR EDUCATIONAL JOURNALS, RECOGNIZED BOOKS, & SPECIAL PROJECTS**

Reviewer, NASPE Recess in Elementary Schools Position Paper. (Assisted in updating the July, 2001 Position Paper). Fall, 2005.

Reviewer of Guidelines for Appropriate Physical Activity for Elementary School Children. A position statement for Council for Physical Education for Children (COPEC). One of four selected national reviewers for NASPE. Fall, 2002- Spring 2003.

National Association for Sport and Physical Education. (Invited reviewer for Physical Activity for children: A Statement of Guidelines for Children Ages 5-12. (2nd ed.). Reston, Virginia. Winter, 2004.

Reviewer, Praxis & NTE, 1994-95.

Reviewer, National Board for Professional Teaching Standards, Arlington, VA, Winter, 1999.

Reviewer, *Thompson/ Delmar Learning*, Albany, New York. 1993- present.

Reviewer, *American Journal for Play*. Rochester, New York. 2007- present.

Reviewer, *Journal of Play and Culture Studies*. 2002- present.

Reviewer, *Journal of Research in Childhood Education*, Spring, 2000.

Reviewer, *National Association for the Education of Young Children* (NAEYC), Summer, 2000.

Reviewer, *Journal of Physical Education, Recreation and Dance*. AAHPERD. 1995- present.

Reviewer, *NASPE/AAHPERD Publications*, Fall 1996-present.

Reviewer, *Salem Press*, Pasadena, California. 1993- 2000.

Reviewer, *Jones and Bartlett Publishers*, Sudbury, MA. 1995- 2000.

Reviewer, *Human Kinetics*, Champaign, IL. 1995- present.

Reviewer, *American Press*, Boston, MA. 1995- present.

Reviewer, *McGraw-Hill*, 2004- present

Reviewer, *Van Brien & Associates and McGraw Hill Higher Edu. & Health and Human Performance*, 2005- present.

Reviewer, *Teachers College Record*. 2007-present.

Reviewer, *American Academy of Pediatrics*, 2007-present.

Reviewer, *Injury Prevention*, BMJ Group, London. 2009-present.

Reviewer, *Urban Education*, 2011-present.

Reviewer, *Children, Youth and Environments*, 2012-present

Reviewer, *European Physical Education Review*, 2015-present

Reviewer, *International Journal of Childcare and Educational Policy*, 2015-present

## **NATIONAL AND INTERNATIONAL MEMBERSHIPS**

The Study of Play (TASP) Georgia State University, Atlanta

Phi Delta Kappa Educational Society, Teachers College, Columbia University

American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD)

-Council on Physical Education for Children (COPEC): Early Childhood Network

-National Association for Sport and Physical Education (NASPE)

International Association for the Child's Right to Play, (IPA)

American Association for the Child's Right to Play (IPA/USA)

National Association for the Education of Young Children (NAEYC)

Association for Childhood Education International (ACEI)

World Association for Early Childhood Education (OMEPE)

## **STATE AND DISTRICT MEMBERSHIPS**

New York State Association for Health, Physical Education, Recreation and Dance (NYSAHPERD)

Southeastern Zone of NYSAHPERD (SEZ)

March, 2018